

"I spent two years trying and failing multiple RA drugs."

– Michelle

Patient quote is real.
Patient names and images have been changed.



RA is mainly thought of as an autoimmune disease. But for people whose RA is resistant to treatment, there may be an autoinflammatory component.

This guide can help you start a discussion with your doctor about the possibility of an autoinflammatory component to your rheumatoid arthritis (RA). The following are questions to answer before your next appointment :

How many different medications have you been on for your RA?

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

List medications, if known:

1. _____	4. _____
2. _____	5. _____
3. _____	

Why this question matters:

If you cycle through multiple RA treatments, it could be a sign you have an autoinflammatory component to you RA.

Have you experienced the following?

☐ Fever ☐ Rash ☐ Muscle weakness ☐ Fatigue ☐ Dry eye

Why this question matters:

While these are signs and symptoms commonly seen in RA, they can also indicate an autoinflammatory component to your RA.

**"I started to worry.
What if nothing could
help me?"**

– Lucy

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How are you feeling about your RA journey?

Why this question matters:

It can be challenging if treatments are not working for you; it's important to share your feelings about your RA journey.

**Information for
Healthcare Professionals at**
AutoinflammatoryRA.ca

